

# ERASMUS + VET MOBILITY SYROS JUNE 2023

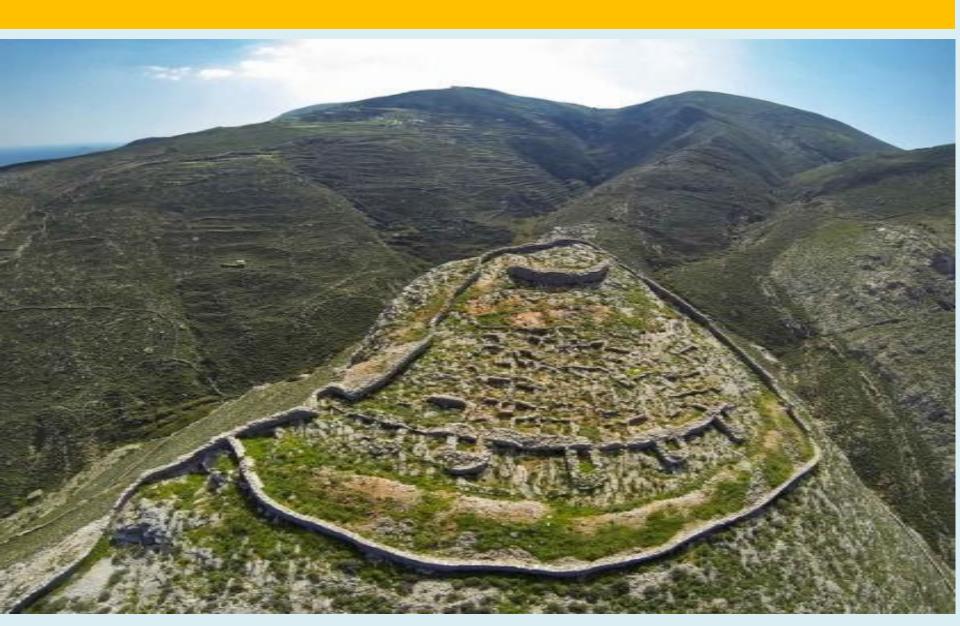


Social Cooperative of Cyclades
ALTERA VITA
Miltos Sakellariou
Chairman of the Board
MSc Counseling Psychology

## **SYROS ISLAND-CYCLADES**



# KASTRI 2700 B.C.



## **SYROS ISLAND-CYCLADES**





## PHILOSOPHER FERECYDES





PHERECYDES
from Syros

THEOGONY

#### Local Network

Adm/ Support

MEMBERS - VOLUENTEERS

# Social Cooperative of Cyclades ALTERA VITA

ARCHIPELAGOS SOUTH AEGEAN

Municipality of Syros-General Hospital of Syros

Society for the Protection of Minors of Syros



#### **Altera Vita**

Administrative Board: Miltos Sakellariou, Chairman of the Board

**Prevention Counselor in Addictions, Family Therapist** 

**Giannis Daskos, Prof of Maths, General Secretary** 

Eleni Karagianni, Educator, Youth worker, Treasurer

Altera Vita Team Antonia Sakellariou, ICT Expert, Project Manager

**Pavlos Aimoniotis, ICT Expert, Technical Manager** 

Miranda Daskou, Biologist, Youth worker

**Leonardos Palaiologos, Youth worker** 

Aggeliki Sakellariou, Facilitator, Occupational Therapist

**Eleftheria Pouftsi, Volunteer, Occupational Therapist** 

Agni Kapella, Logistics, Secretary

Dimitra Sakellariou, ICT Expert, Technical Manager

**Alekos Chalavazis, ICT Expert, Technical Manager** 

Apostolos Efkarpidis, RN Nurse, MSc, PhDc, Health Promotion Programs

With the ERASMUS + programmes are involved also other members of ALTERA VITA, Social Workers, Psychologists, teachers, ICT specialists, youth workers.

We have the Quality Label from European Solidarity Corps as Hosting and Sending Organization. We involve in our activities also volunteers.

#### **ALTERA VITA**

- Our aims are:
- education, human rights, employment, social discrimination, racism, culture
- Cultural and social development of our community
- Promotion of volunteer spirit
- Social Economy, Health Promotion, Organic Farming, Environment and Sustainable Development, the Arts and Culture, Pedagogy, Psychology, New technologies.
- Participation in European projects

## **Our Objectives**

To develop collaborative practices in and around schools and the community:

- School organization and leadership
- Support for teachers
- Support for students
- Involvement of parents and extended families
- Involvement of other Professionals stakeholders

#### **BODIES AND SERVICES INVOLVED**

- Municipality of Syros
- Hospital of Syros-KEFIAP
- Union of Social Cooperatives of South Aegean -Archipelagos
- Society for the Protection of Minors- Public Entity
- Association of Blind people of Cyclades -AROGI.
- □ Network of Prevention & health promotion of Cyclades.
- Society of Protection of Minors-Court of Appeal South Aegean



# Archipelagos Union of Social Cooperatives of South Aegean

- Our vision is the social and solidarity economy and cooperation is a valuable framework for us.
- 20 Social Cooperatives from South Aegean participate at Arhipelagos



# PREVENTION & HEALTH PROMOTION NETWORK OF THE CYCLADES



# SOCIETY FOR PROTECTION OF MINORS Court of Appeal South Aegean

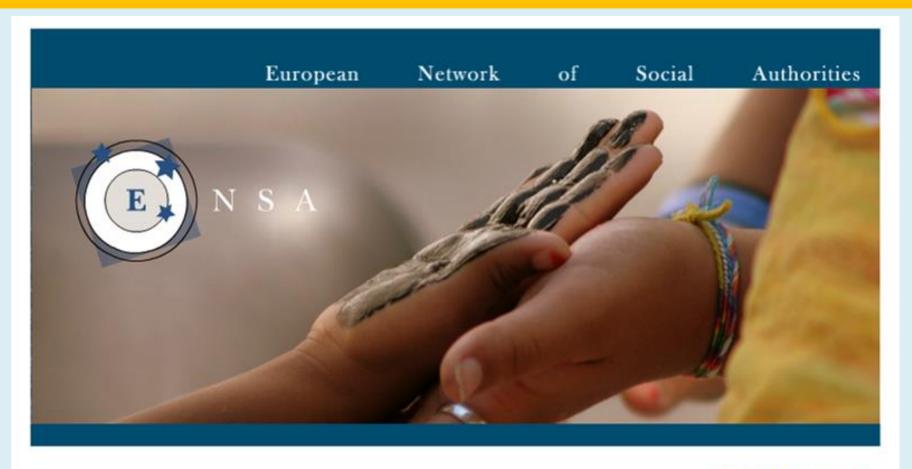




## **Multidisciplinary Team**

- The Multidisciplinary Team is dealing mostly with Prosecution Prosecutor's Office, but it can also support families who come for help.
- The EPA Syros has jurisdiction over all the islands of the Cyclades that belong to the Aegean Court of Appeal and its purpose is to prevent victimization and to deal with juvenile delinquency, to raise awareness among parents and the wider community
- Finally, can provide legal assistance to minors in the cases provided for by the law.

#### **ENSA NETWORK**



Welcome



## European Network of Social Authorities-ENSA NETWORK

- European Network of Social Authorities is a network of cities and European Regions that has the aim of promoting international cooperation in the social field.
- ENSA was established by the Veneto Region in 1999. Since then the network has developed and supported solid partnerships between a wide range of European Regions and has carried out seminars, conferences, study visit programmes and exchanges of professionals.



C&I FORM HOPE Next To You TETRA-S



**ENSA General Assembly 2022, part 2 - 15th November** 

https://www.ensa-network.eu

#### **ENSA NETWORK**



# **COUNSIL OF EUROPE Committee on Environmental and Sanitary Crisis**



Comité Crise environnementale et sanitaire Enjeux de gouvernance et de solidarité

Objective 1: Environmental and health crisis: ecosystem approach

Objective 2: Solidarity and social inclusion in the wake of the crisis

Objective 3: Governance tools and factors of resilience facing the risks: urban/metropolitan and regional challenges

Council of Europe - Committee on Environmental and Health Crisis



CONFERENCE OF INGOs
OF THE COUNCIL OF EUROPE

CONFERENCE DES OING DU CONSEIL DE L'EUROPE



Committee on Environmental and Health crisis: Governance and solidarity challenges Comité Crise environnementale et sanitaire : Enjeux de gouvernance et solidarité

#### Extreme summer temperatures in Greece

Heatwaves and traditional Bioclimatic architecture

# Social Cooperative of Cyclades ALTERA VITA

Miltos Sakellariou

Chairman of the Board MSc Counseling Psychology

# ERASMUS + Live on the island

- 8 organizations from 8 different islands from all over the world in an ERASMUS + for the development of awareness of the environment
- Consortium
- Ottovolante Sulcis (Sant'Antioco, Italy)
- <u>Udruga Prizma</u> (Croatia)
- Teatro Metaphora (Madeira, Portugal)
- Social Cooperative of Cyclades- Altera Vita.(Syros, Greece)
- Community Forests Pemba (Pemba, Tanzania)
- SYAH Cabo Verde (Cape Verde)
- Morobe Development Foundation (Papua New Guinea)
- <u>CEMEA Martinique (Martinique)</u>





#### Who we are

European Network for Social Emotional Learning and Well-Being



https://en-sel.eu/

#### **EUROPEAN NETWORK FOR SEL**

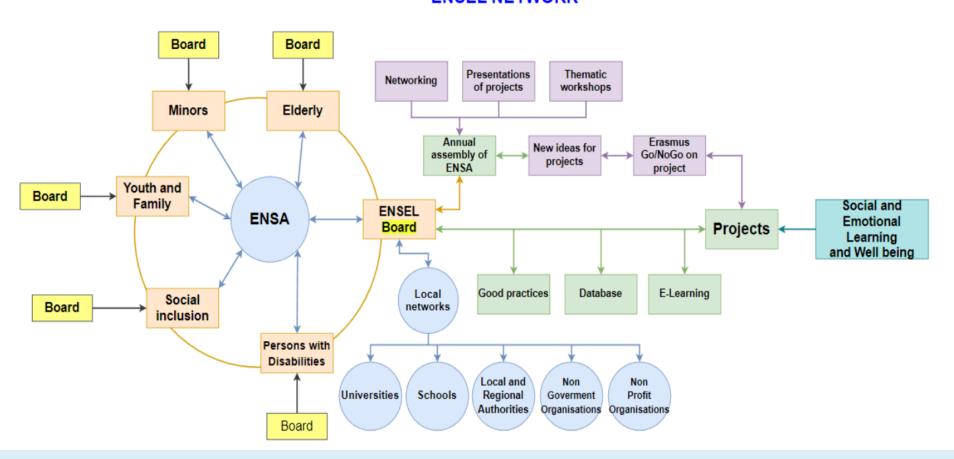
 ALTERA VITA with Universities, Schools, and Organizations working on ERASMUS + projects, for the last years and continuing, have created educational tools for Social Emotional Learning, and they have established an informal network for Social Emotional Learning, ENSEL NETWORK.

#### **EUROPEAN NETWORK FOR SEL**

□ At the Annual Assembly of ENSA on 15<sup>th</sup> November 2022 in Venice, after a proposal of Annalisa Bisson, Legal Representative of ENSA network -Director of International Relations, Veneto Region, and the acceptance of the Members, was created a new working group for promoting well-being and implementing Social Emotional Learning in Europe. The present coordination of the thematic ENSA working group- Wellbeing and Social Emotional Learning for the next 4 year is led by the Social Cooperative of Cyclades - ALTERA Vita.

#### **ENSA** working groups

#### Social Emotional Learning and Wellbeing Working Group ENSEL NETWORK





en-sel

.....

☐ Remember username

LOG IN

Forgotten your username or password?

Cookies must be enabled in your browser ?

Some courses may allow guest access

LOG IN AS A GUEST

Log in using your account on:



MICROSOFT

























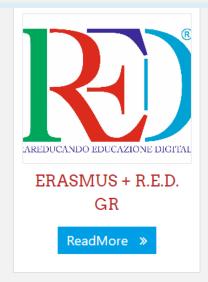
#### Available courses

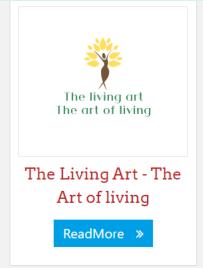


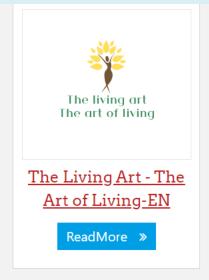












#### Internship for Social Emotional Learning

Dashboard / Courses / University of Rotterdam - Nederland / Ensel-Intership





Admin User



The data we'll retrieve will be used under the legislation of GDPR and will not under other circumstances be shared.

#### Intership 2022-2023 in Syros

Team ENSEL-NETWORK









To contact us: Bo Stal - 0978113@hr.nl

































# **ERASMUS + KA1 Higher Education**

- Hosting Organization of students of University of Rotterdam and University of UTRECHT, for a traineeship in TELEMEDICINE.
- The traineeship is aimed at investigating and finding ways to improve the telemedicine system in Greece.
- E- course <u>Telemedicine in Greece</u>.





#### **ERASMUS + TELEMEDICINE**







#### General



Rotterdam University of Applied Sciences and the University of Utrecht with the cooperation of Social Cooperative of Cyclades as receiving Organisation we have organised a Minor Project for Telemedicine in Greece. Four students from the Netherlands have developed this E-learning in collaboration with Miltos Sakkelariou, Chairman of the board at Altera Vita

The E-learning is aimed at students in medical university, to inform and enthusiasm them about telemedicine.







#### ✓ LATEST ANNOUNCEMENTS

Add a new topic...

(No news has been posted yet)

#### **M** UPCOMING EVENTS

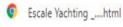
There are no upcoming events

Go to calendar... New event...

#### O RECENT ACTIVITY

Activity since Friday, 12 June 2020, 3:04 AM Full report of recent activity...

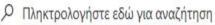
No recent activity































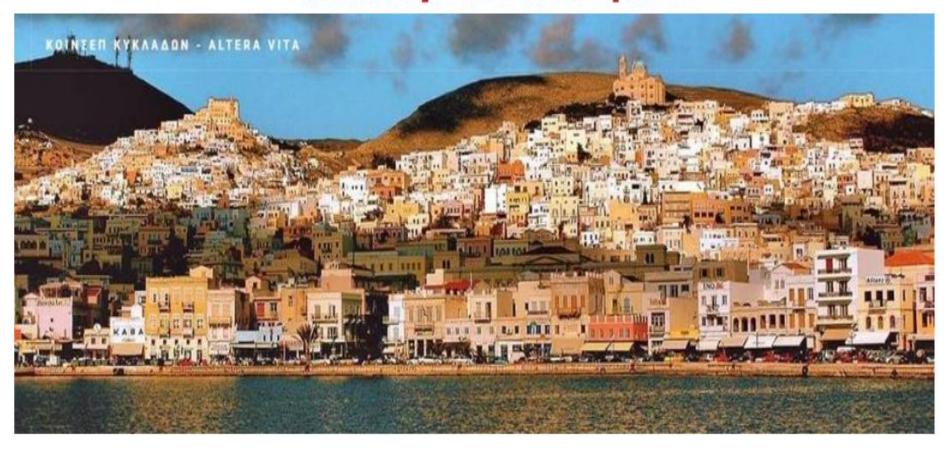






#### **MOODLE PLATFORM**

# E-Learning - ALTERA VITA Social Cooperative of the Cyclades



## **E-Learning- Social Cooperative Cyclades**



- methods and techniques and asynchronous distance learning
- electronic manufacturing course with popular e-learning environment / teaching
- Create e-courses through the platform MOODLE

## **ALTERA VITA**



# **Open-Source Community**





















open source technologists



























Xi'an Jiaotong-Liverpool University 西交利物浦大學





#### **ERASMUS + REFLECT**

Dashboard / Courses / ERASMUS + REFLECT

MANAGE COURSES

Course categories:

ERASMUS + REFLECT

















#### JRC SCIENCE FOR POLICY REPORT

# European Framework for the Digital Competence of Educators

DigCompEdu

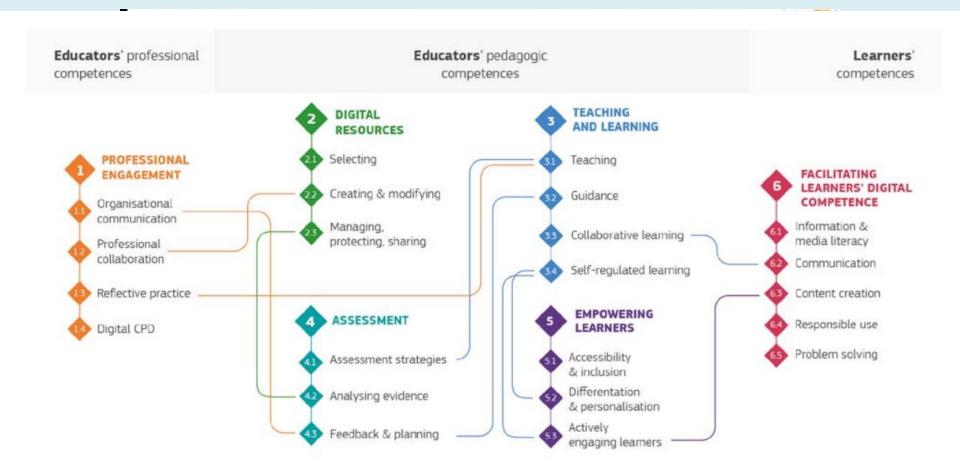
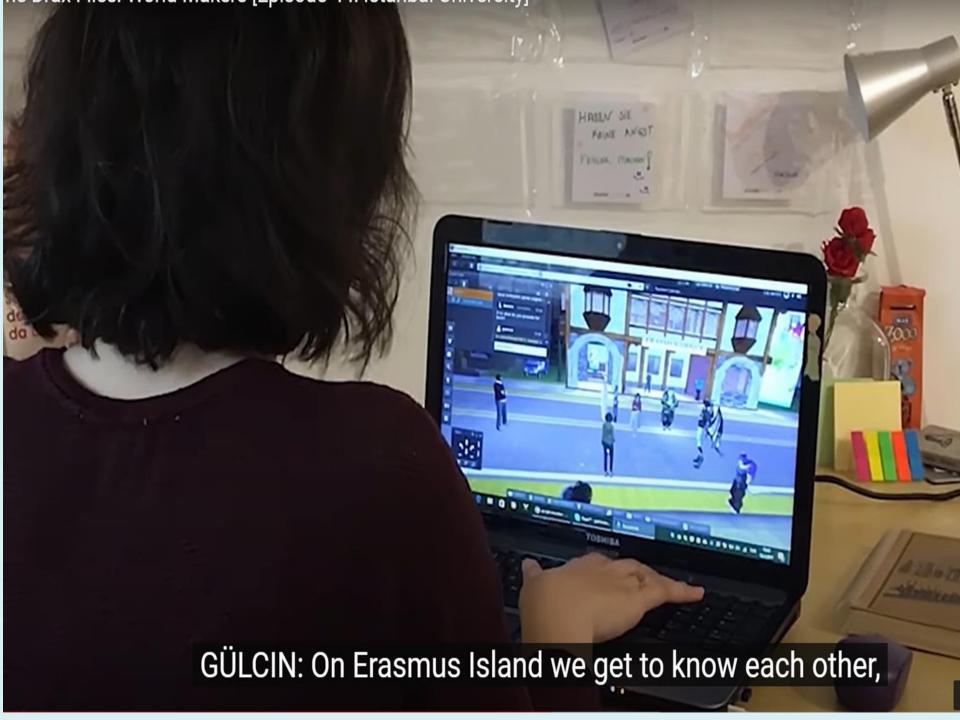


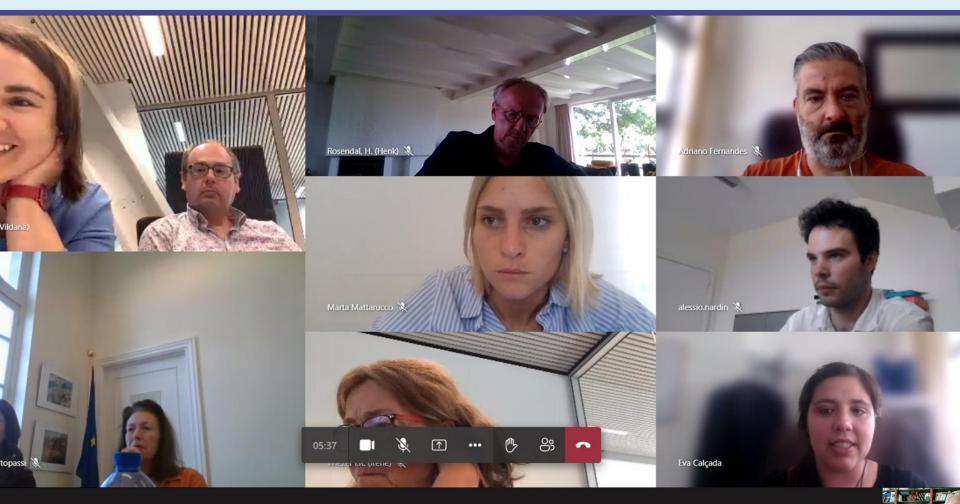
FIGURE 1: THE DIGCOMPEDU FRAMEWORK

### **INTERACTIVE SEMINARS BY WEB**







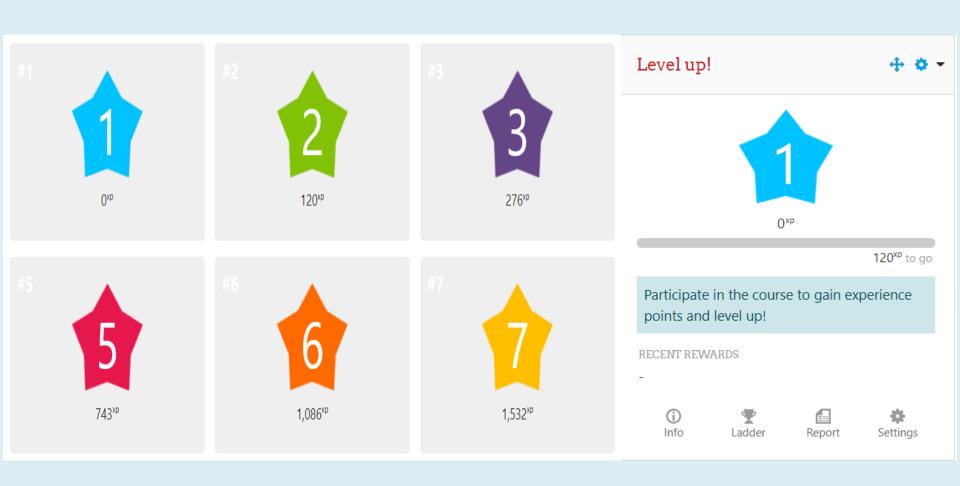




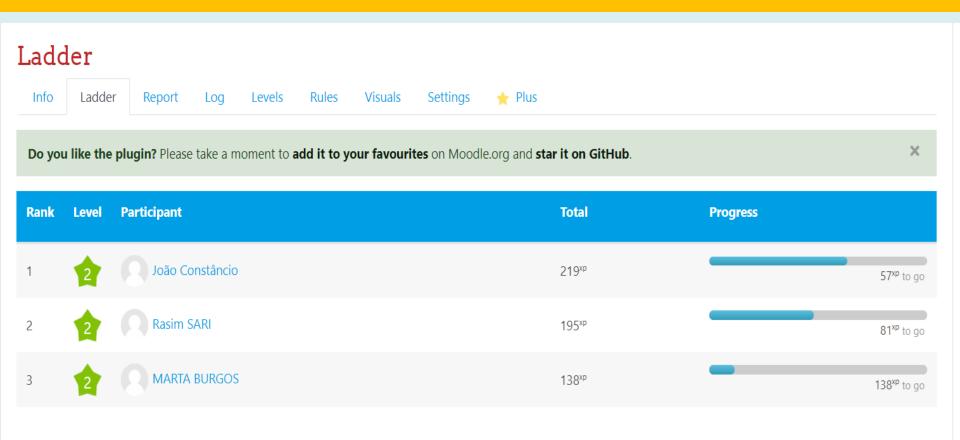


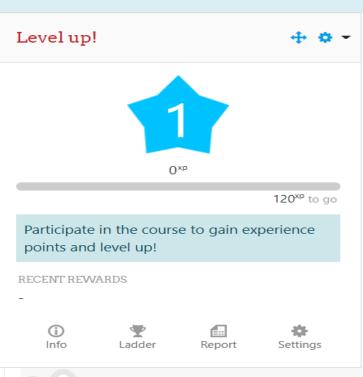


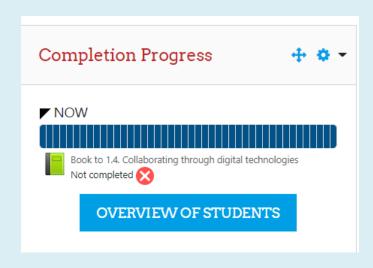
## LEVEL UP-GAMIFICATION



## **GAMIFICATION**







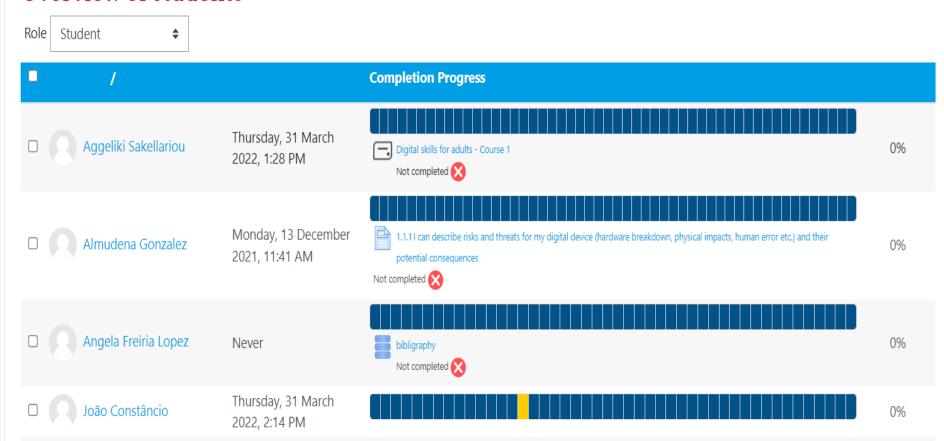


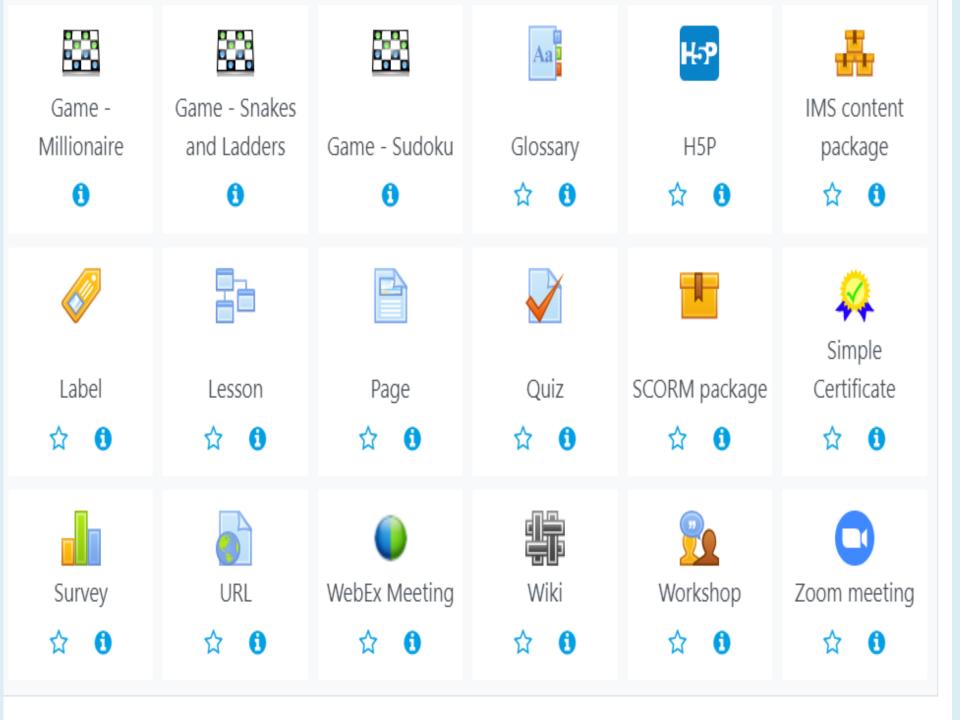
## **GAMIFICATION**

#### Overview of students

Dashboard / Courses / ERASMUS + DIGIT ALL / Course 1-Safety / Overview of students

#### Overview of students



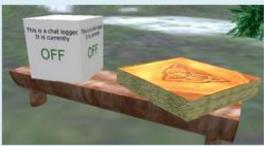


# SLOODLE – E LEARNING FOR VIRTUAL WORLDS









### HISTORY

Southampton is noted for being the home of the ship the Titanic, the Spitfire aircraft, and in recent years, some of the largest cruise liners in the world.

The city has its origins in prehistoric times, but the first settlement was founded by the Romans in AD43. Clausentum, as it was known, was an important trading port for Roman towns of Winchester and Salisbury.

The town was abandoned at the end of the Roman occupation, until Anglo-Saxon settlement in c.700AD. The town was known as Harnwic, then Harntun which went on to become Hampton.

Southampton was the departure point of the ship 'Mayfower' in which the Pilgrim Pathers left for America in 1620, The city has been the port of departure for emigrants to the USA Capata. Australia, New Zealand, South Africa and other parts of the so



Geography and climate are very much influenced by the sea and rivers. The city sits at the northern to of Southampton Water, a deep water estuary Here. the rivers Test and Roben converge. The Test runs along the western edge of the city



The Roben splits Southampton into two, cust and west. The ony perstre is located on the personals between the two stress. Much of the Southampton waterfront had been reclaimed over its pears to emable very large ships to use the per-



## **GETTING INTO SECOND LIFE**

Second Life is an internet-based virtual world that was put into service in 2003 by Linden Research. In Second Life, the person starts the game by creating an avatar for theirselves. They can decide on all the features such as hair color, height, weight of the avatars that they will create.







You can have virtual holdings in Second Life.

AFP/GETTY IMAGES

#### COMPUSEL -Teachers' E course, En

Computational Thinking in Enhancing Primary Students' Social-Emotional Learning Skills

2021-1-TR01-KA220-SCH000031609

COMPUSEL PROJECT

### COMPUSEL



Social-Emotional Learning Skills & Computational Thinking

#### **PARTNERS**













## JEUNE THEATRE EUROPEEN

- ALTERA VITA is also active Member of the European Network of Youth Theatre.
- Member of the International Artistic Committee of the EUROPEAN FESTIVAL OF YOUTH THEATRE based in GRENOBLE- France, since 1989.
- http://www.crearc.fr/pages-new/?ref\_partie=jte&trad=fr

## JEUNE THEATRE EUROPEEN

JEUNE THÉÂTRE EUROPÉEN

Réseau

Les Rencontres

Séminaires européens

Stages européens

**Publications** 

Archives





#### Accueil

Les 32èmes Rencontres du Jeune Théâtre Européen qui devaient se dérouler à Grenoble du 3 au 12 juillet 2020 sont annulées. Cette décision fait suite à la mesure prise par les Autorités Publiques françaises, face au développement de l'épidémie de coronavirus Covid 19, de suspendre tous les spectacles et tous les festivals jusqu'au 15 juillet 2020. Les Rencontres du JTE sont un moment phare de la vie du Réseau du JTE et de la vie culturelle de Grenoble. Elles devaient cette année, réunir 18 troupes de 12 pays européens et faire de Grenoble un carrefour d'échanges artistiques et citoyens.

L'annulation des Rencontres est donc un deuil et une perte.

Mais l'épidémie fait corps avec l'histoire du théâtre dès l'origine de celui-ci. Souvenons-nous de Sophocle, d'Œdipe-Roi et de la peste ravageant Thèbes. La crise que nous vivons aujourd'hui est

#### Les événements du mois - Jeune Théâtre Européen

· Sous les néons du désir - En Tournée!

Par Collectif 1984

Du samedi 16 novembre 2019 au samedi 11 avril 2020 Partout en Belgique!

Plus d'informations à venir.

Si vous le souhaitez, vous pouvez vous reporter aux prochains événements du Petit Théâtre.

Escale Yachting \_....html





35èmes Rencontres du Jeune Théâtre Européen



Les Euménides



34èmes Rencontres du Jeune Théâtre Européen

## **ALTERA VITA-Prevention Programmes**

- Holistic -systemic approach
- Involving youngsters in arts, sports and outdoor activities
- Volunteers- parents-educators-youth workers
- Mentors
- Developing and establishing permanent connections between students, teachers, public institutions and the private sector.
- Creating and supporting networks of prevention programmes for bulling, drugs, sexual education, human rights.

## **HOLISTIC APROACH**



## **Social Cooperative Of Cyclades**

#### The objectives of the Cooperative are to:

- •Assist the **psychosocial needs of school units** of the Cyclades prefecture, through the identification, diagnosis, brief psychological intervention and referral of cases of students who deserve psychological treatment.
- Parents- Teachers counseling groups.
   Implement, support and monitor Health Promotion programmes for students.





## Prevention Programmes in Schools

ΔΙΑΚΡΑΤΙΚΌ ΕΥΡΩΠΑΪΚΟ ΠΡΟΓΡΑΜΜΑ «ΔΑΦΝΗ» ΠΡΟΛΗΨΗΣ ΤΟΥ ΕΚΦΟΒΙΣΜΟΥ ΚΑΙ ΤΗΣ ΕΝΔΟΣΧΟΛΙΚΗΣ ΒΙΑΣ





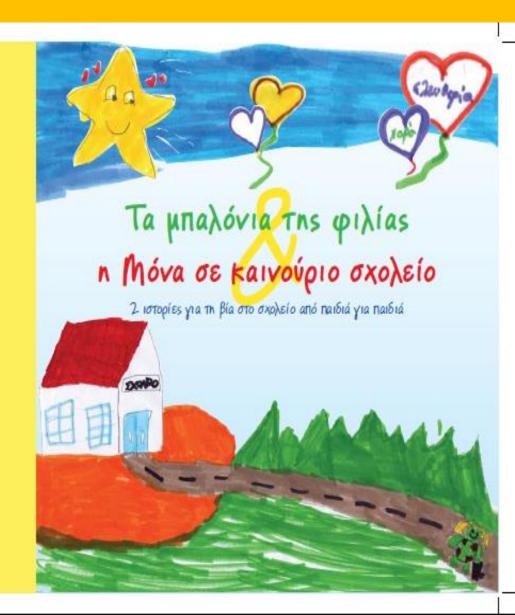
To npšypojuje ukonojeltoj je suvapnjetoščenos pró inv Eupumoleš Evwan 606 Freedom. Security and Justicež koté 80% koj pró to Ynoupyelo Yyelez koj Kajywyjela Aλληλογγίης κοτά 20%





Εταιρεία Ψυχοκογνωνικής Υγείας του Παιδιού και του Εφήβου

Ay, Ιωάννου Φιαλόγου 19, 155 61 Χαλαργός, Τηλ.: 210 65 46 524, Τηλ.:Fax: 210 65 22 396 e-mail:info@epsype.gr, www.epsype.gr





## **ENVIROMENT**-Walk along the paths of my island – discover myself



#### **FESTIVAL OF THE PATHS**

#### **Parents- Educators - Adolescents**









## FESTIVAL OF THE PATHS Parents- Educators - Adolescents.

•4 days festival at Syros with the cooperation of the PREVENTION NETWORK AND HEALTH PROMOTION of the Cyclades









## GROUPS OF TEENAGERS - PROGRAM I WALK THE PATHS OF SYROS - I DISCOVER MYSELF



## **Social Cooperative of Cyclades**

#### **Health Promotion programmes**

for students of the Elementary and High Schools





Psycho-educational intervention programmes to manage school violence, Bullying, drugs, Early School Leaving, SEL

# Travelling in the Aegean Sea and its life Social Cooperative of Cyclades

- Summer teen groups,
- By working with drama therapy on sailing courses.
- to increase self-awareness and social skills useful for the "journey" of life, through experiential exercises.



# Mixed Theatrical team Social Cooperative of Cyclades



- Parents
- Teachers
- Teens

Create plays with process work and Drama therapy



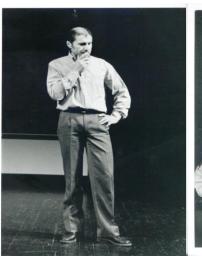


## Mixed Theatrical team-Ferekidis

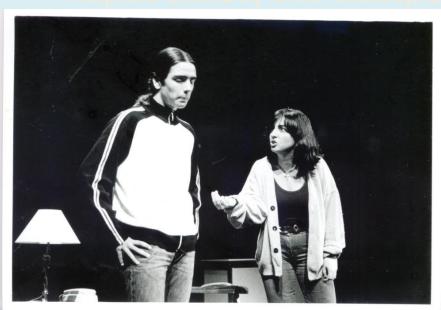


- The slap
- www.ithakes.gr

"TO XOSTOUKI"







## EUROPEAN NETWORK OF YOUTH THEATRE GRENOBLE, France



## **EUROPEAN FESTIVAL OF YOUTH THEATRE**

**GRENOBLE**, France 2005.



## **EUROPEAN FESTIVAL OF YOUTH THEATRE**

## **GRENOBLE- France-2008**



### **EUROPEAN FESTIVAL OF YOUTH THEATRE**

### **GRENOBLE- France 2012**



# Theatrical Team FEREKYDIS Social Cooperative of Cyclades







# Social Cooperative of Cyclades EUROPEAN Projects

- ERASMUS+KA2-YLYS:2017-1-PL01-KA204-038666, applicant CKU BIALYSTOK, from POLAND, for the YLYS project
- ERASMUS KA2 WHY: 2017-1-SE01-KA201-034597, applicant Municipality of VASTERAS from Sweden, for the WHY project.
- **ERASMUS + KA2 :2019 KA201-CBFBCC04- REFLECT** applicant TOPUNT GENT- Belgium.
- ERASMUS +KA2: 2020-KA204-2220CB02- DIGIT-ALL, Digital skills for adults, applicant Orbis Institute, Slovakia.
- ERASMUS +KA2: 2020- KA204-A29E0F47- The Living Art The Art of Living applicant CKU BIALYSTOK, from POLAND
- ERASMUS + KA2: 2020 619480-EPP-1-2020-1-IT-EPPKA2-CBY-ACPALA, Live on the island, applicant Associazione Ottovolante Sulcis, Italy
- ERASMUS +KA1: 2019-1-TR01-KA105-073564 applicant Rhythm for Peace, Turkey
- **ERASMUS + KA1 : 2019-2020 Higher Education —NLROTTERD03** 2019/20 as receiving Organization of students of University of Rotterdam for a traineeship in TELEMEDICINE.
- **ERASMUS + KA1 : 2019-2020 Higher Education NLUTRECHT24** 2019/20 as receiving Organization of students of University of UTRECHT for a traineeship in TELEMEDICINE.
- **ERASMUS +KA 1 : No 1-FR01-KA102-047463** with the Ecole Regionale de la deuxieme chance de Toulouse.
- European Solidarity Corps 2020-1-EL02-ESC522018-
- -005925, Quality Label as hosting and Sending Organization for European Solidarity Corps
- Participation at the <u>European</u> Seminar <u>« Echanges Culturels de Jeunes par le Théâtre, Quels enjeux et quel avenir dans un monde en crise ? » May 2016 CREARC-Grenoble.
  </u>

#### Targets groups



- Teachers and youth workers in the involved project organisations
- Local youth organisations
- Local School leaders/ management
- Local and regional directors of social services
- Local and regional policyand decision makers
- Teacher unions
- Youth professional's unions
- National agencies for education and social work
- International networks for social action

#### Find Us



whywehearyou.eu



info@whywehearyou



facebook.com/whywehearyou



youtube.com/whywehearyou























#### Programme for **Youth Professionals**

#### Kev Action 2:

Cooperation for innovation and the exchange of good practices 2017-1-SE01-KA201-034597



### STORYTELLING- GREECE



### **STORYTELLING- GREECE**



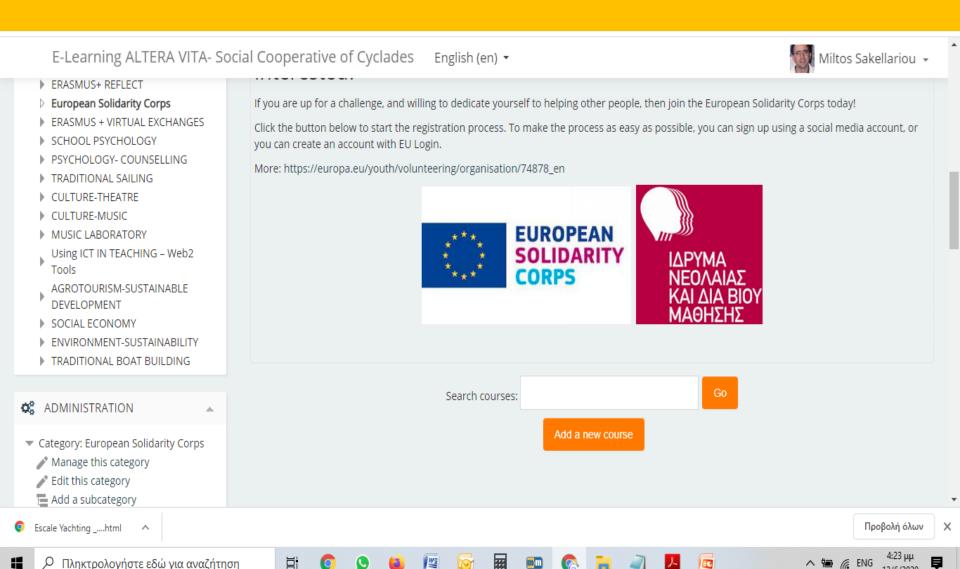
### STORYTELLING- TRAINING GREECE



### **HELLO MY NAME IS ANTONIS STELLAS**



### **European Solidarity Corps**



### **Multifunction Farm ALTERA VITA**

- ALTERA VITA has agricultural production of aromatic and medicinal plants of our country,
- ALTERA VITA, act as a catalyst in our community, aiming at the Well Being and the sustainable development.
- We owned agricultural land and we plant aromatic plants such as sage, thyme, safflower, rosemary, oregano, of local products of Syros.



### **Altera Vita-Virtual Study Visit**

- It is a great Honour for us and we will try to share with you our experience, to start a dialogue and of course to be part of the **European network**, **Europe Goes Local**
- We want to thanks our <u>Hellenic National Agency for</u> <u>Erasmus+ and European Solidarity Corps Resource</u> Centre and <u>Youth and Lifelong Learning Foundation</u>,
- for the proposition to realise this virtual study visit and gave us the power to work for this visit inside of our holidays!
- You can visit us virtually following the link!
- virtual study visit

## **Europe goes Local**

#### REFLECT-Facilitator-Guide-Session 1



#### Make My Day! -

A short course for teachers and school staff enabling the development of self – awareness, confidence and skills to identify and integrate SEL and EF learning everyday.

Make My Day! Course Facilitator Guide Session 1

#### Europe Goes Local-Supporting Youth Work at the Municipal level



This is an international project funded through the Erasmus+ Programme. The core aim of the project is to raise the quality of local youth work in particular through enhanced cooperation between various stakeholders that are active at the municipal level. The Partnership currently involves about 200 members who represent around 120 municipalities from 22 participating countries and their National Agencies.

# VIRTUAL STUDY VISIT Social Cooperative Enterprise of Cyclades **ALTERA VITA**



















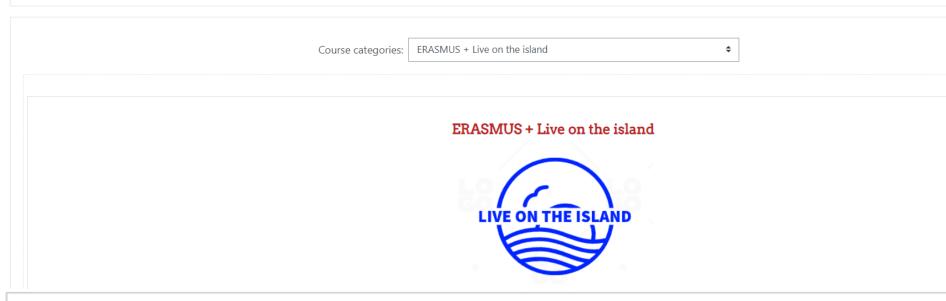






#### ERASMUS + Live on the island

Dashboard / Courses / ERASMUS + Live on the island



DE LOTI E-Course EN



#### ERASMUS + Live on the island



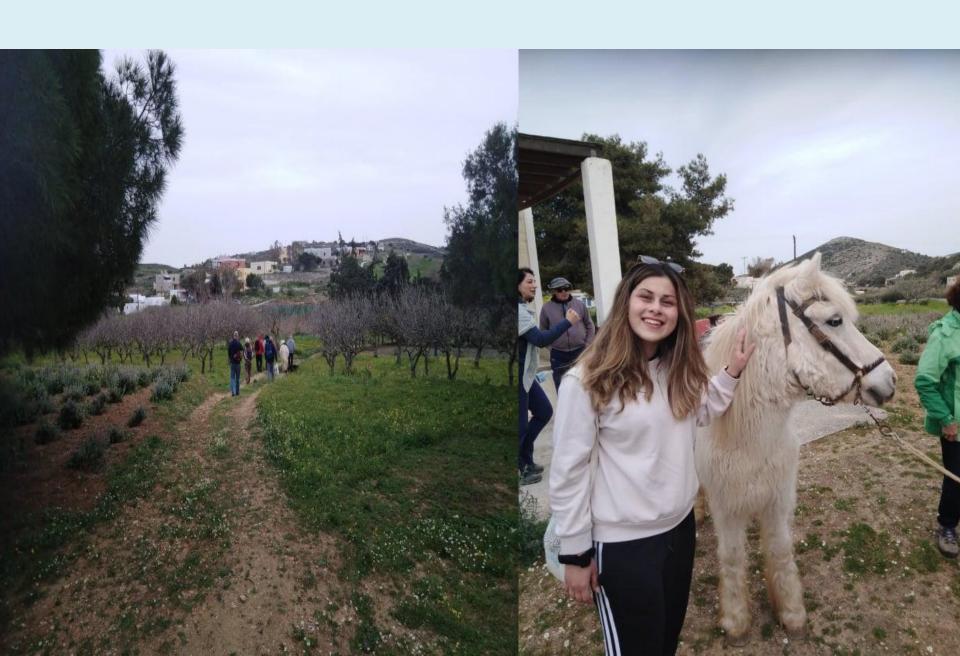


# Web page - Live on the island



https://liveontheisland.eu









# **European Solidarity Corps**



### **THANK YOU!!**

SOCIAL COOPERATIVE CYCLADES
ALTERA VITA

#### Miltos Sakellariou Chairman of the Board

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- ⊕ alteravita-cyclades.gr
- ⊠ alteravitacyclades@gmail.com
- (a) Agros P.O. Box E11 84100 Syros Greece