



Edukacja przez taniec dla rozwoju kompetencji osobistych i społecznych

www.dancefulness.eu

BIBLIOGRAFIA



Co-funded by the
Erasmus+ Programme
of the European Union

This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained herein.



Bibliografia

- Anderson, R., Klofstad, C. (2012). Preference for Leaders with Masculine Voices Holds in the Case of Feminine Leadership Roles. *PloS one*. 7. e51216. 10.1371/journal.pone.0051216.
- Bisquerra, R., Pérez Escoda, N. (2007). Las competencias emocionales. *Educación XX1*. 61-82. 10.5944/educxx1.1.10.297.
- Cebolla, A., Miro, M. (2008). Efectos de la Terapia Cognitiva basada en la Atención Plena: una aproximación cualitativa. *Apuntes de Psicología*, ISSN 0213-3334, Vol. 26, Nº. 2, 2008 (Ejemplar dedicado a: APORTACIONES AL II CONGRESO NACIONAL DE PSICOTERAPIAS COGNITIVAS), p. 257-268.
- Crawford, M. (2012). Solo and distributed leadership: Definitions and dilemmas. *Educational Management Administration & Leadership*, 40(5), 610-620.
- Didonna, F. (Ed.). (2008). *Clinical handbook of mindfulness*. Springer Science
- Dunn, B.R., Hartigan, J.A. and Mikulas, W.L. (1999). Concentration and mindfulness meditations: unique forms of consciousness? *Appl Psychophysiol Biofeedback*. 1999 Sep;24(3):147-65. doi: 10.1023/a:1023498629385. PMID: 10652635.
- Fletcher, J. K., & Kaufer, K. (2003). Shared leadership. *Shared leadership: Reframing the hows and whys of leadership*, 21-47.
- Harris, A. (2009). *Distributed leadership: What we know* (pp. 11-21). Springer Netherlands.
- Harris, C., & Tregidga, H. (2012). HR managers and environmental sustainability: strategic leaders or passive observers? *The International Journal of Human Resource Management*, 23(2), 236-254.
- Kabat-Zinn, J. (1990). *Full catastrophe living. Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness*. Delta Book Publishing. New York.
- Kabat-Zinn, J. (2003). Mindfulness-based interventions in context: Past, present, and future. *Clinical Psychology: Science and Practice*, 10(2), 144–156. <https://doi.org/10.1093/clipsy.bpg016>
- Krasner M.S., Epstein R.M., Beckman H., Suchman A.L., Chapman B., Mooney C.J., Quill T.E. Association of an educational program in mindful communication with burnout, empathy, and attitudes among primary care physicians. *JAMA*. (2009). Sep 23;302(12):1284-93. doi: 10.1001/jama.2009.1384. PMID: 19773563.



- Leithwood, K. (2005). Understanding successful principal leadership: Progress on a broken front. *Journal of educational administration*.
- Lewis P.A., Critchley H.D., Rotshtein P., Dolan R.J. (2007). Neural correlates of processing valence and arousal in affective words. *Cerebral Cortex*. 17:742–8.
- Ludwig, D.S. and Kabat-Zinn, J. (2008). Mindfulness in Medicine. *Jama*, 300, 1350-1352. <https://doi.org/10.1001/jama.300.11.1350>
- Murillo, J. (2006). Una dirección escolar para el cambio: del liderazgo transformacional al liderazgo distribuido. *Revista Iberoamericana sobre Calidad, Eficacia y Cambio en Educación*, 4(4e), 11-24.
- Ramos-Díaz, N., Recondo, O., Enríquez, H. (2012). Inteligencia emocional plena. Mindfulness y la gestión eficaz de las emociones. Editorial Kairós
- Saarni, C. (2000). Emotional competence: A developmental perspective. In R. Bar-On & J. D. A. Parker (Eds.), *The handbook of emotional intelligence: Theory, development, assessment, and application at home, school, and in the workplace* (pp. 68–91). Jossey-Bass.
- Saarni, C. (2007). *The Development of Emotional Competence: Pathways for Helping Children to Become Emotionally Intelligent*. Praeger
- Siegel et al, (2009). *Mindfulness: What Is It? Where Did It Come From?*. Springer
- Simón, V. (2007). Mindfulness y neurobiología. *Revista de psicoterapia*, 17(66-67), 5-30.
- Spillane, J., Diamond, J., Jita, L. (2003). Leading instruction: The distribution of leadership for instruction. *Journal of Curriculum Studies*. 35. 533-543. [10.1080/0022027021000041972](https://doi.org/10.1080/0022027021000041972).
- Spillane, J. P., & Camburn, E. (2006). The practice of leading and managing: The distribution of responsibility for leadership and management in the schoolhouse. *American Educational Research Association*, 22, 1-38.
- Stahl B., Goldstein E, (2011): *Mindfulness para reducir el estrés. Una guía práctica* (Spanish Edition) Editorial Kairós, ISBN 10: 8472457613

Obrazy i zdjęcia zaprojektowane przez Freepik: <http://www.freepik.com/>